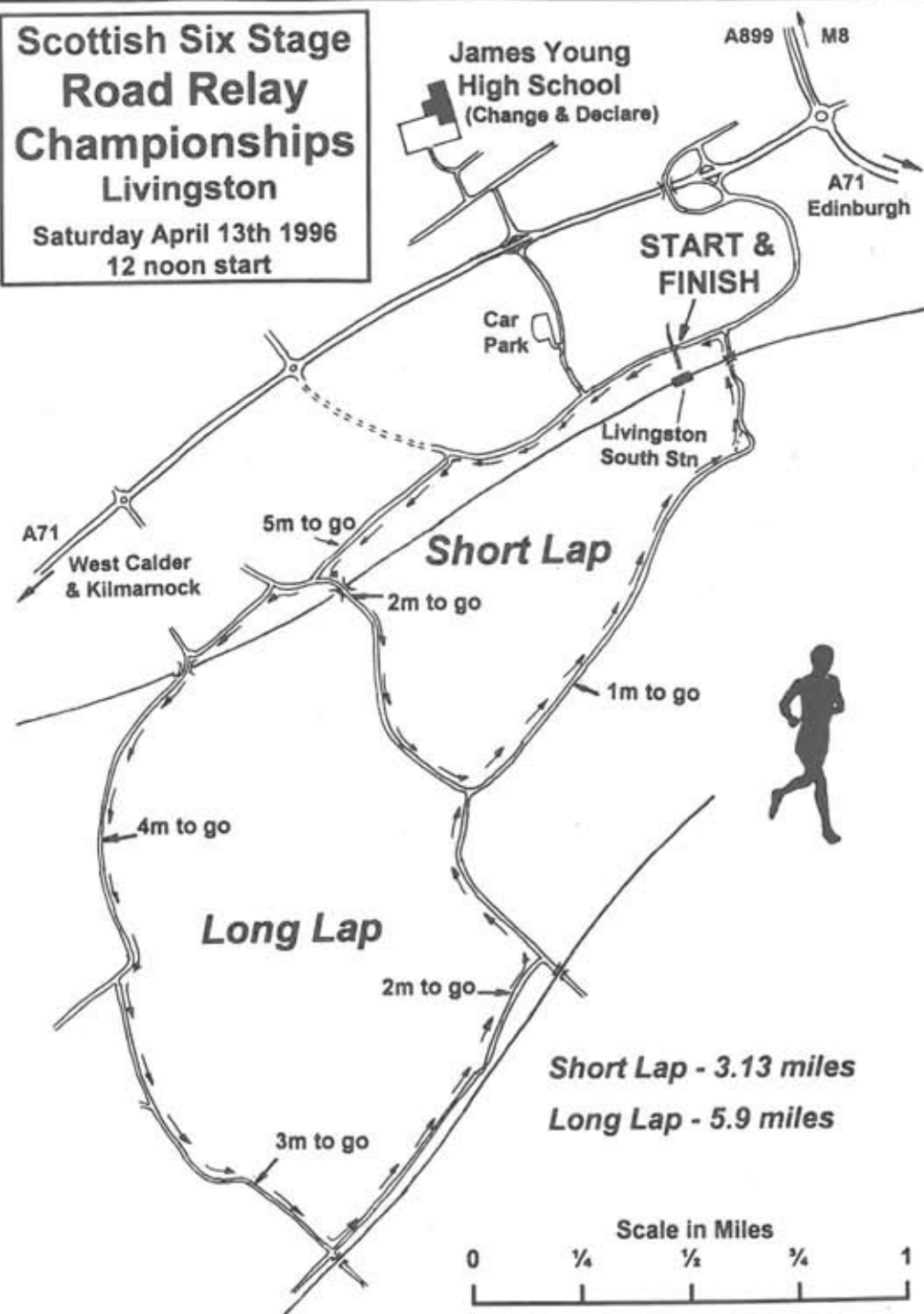


Scottish Six Stage Road Relay Championships Livingston

Saturday April 13th 1996
12 noon start



NATIONAL SIX-STAGE ROAD RELAY CHAMPIONSHIPS SATURDAY 13th APRIL 1996 LIVINGSTON

OFFICIALS

Referee:	Ian Clifton
Clerk of Course	Martin Hyman
Announcer:	Alex Naylor
Starter:	Harry Akers
Judges:	Eleanor Gunstone (Chief), Jim Young, Danny Wilmoth.
Timekeepers:	Duncan McLaren (Chief), Vic Hockley, Graham Sword.
Recorders:	Sandra Hardacre (Chief), Molly Wilmoth, Pat Hockley, Fred McIuskie, Sandy Cameron
Changeovers:	Brian Goodwin (Chief), Ian Hislop, Hilda McGillvary.
Declarations:	Angus Scott, Sheena Scott, Alex Jackson
Results:	Ron Morrison (Chief) Jen Jackson, Peter Jackson, Elaine Beedie
Officials Report:	Marjory Cook
Course Marshals	Members of Livingston & D.AAC
First Aid	St Andrews Ambulance
Conveners	Marjory Cook, Alex Jackson

TIMETABLE

DECLARATIONS CLOSE	11.30
RACE STARTS	12.00
PRIZEGIVING	4.00 approx

NUMBERS

SHORT LAP (3.13 miles)	RED NUMBERS
LONG LAP (5.9 miles)	YELLOW NUMBERS

SCOTTISH ATHLETICS FEDERATION

President	P. Carton (Shettleston H.)
Vice-President	R. Morrison (Fife AC)
General Secretary	R.W. Greenoak (Edinburgh AC.)
Treasurer	J.O. Scott (Dundee Hawkhill H.)

Road Running and Cross Country Commission

Convener	Mrs E. Gunstone (Fife AC)
Vice Convener	C. Haskett (Dundee Hawkhill H.)
Secretary	B. Goodwin (Bellahouston H.)
Assistant Secretary	A. Potts (City of Glasgow AC)
Finance Officer	D. McLaren (Penicuik H.)

ACKNOWLEDGEMENTS

The Commission expresses grateful thanks to all who have helped in the organisation of today's event, in particular the following

Livingston & D.AAC
Lothians & Borders Police
James Young High School
St Andrews Ambulance

A message from the CONVENER OF THE ROAD RUNNING AND CROSS COUNTRY COMMISSION

It is with great pleasure that we return to Livingston for our 6-Stage Road Relay Championships. Unfortunately we cannot compare the times for the fastest laps with previous years because the distance raced are slightly different this year but this should not distract from our enjoyment. I know you will want me to join me in expressing our thanks to Livingston & District AAC for organising the event and may I end by wishing you all, spectators and competitors alike a very happy day

Eleanor Gunstone
Convener
RR & CC Commission

NATIONAL SIX STAGE ROAD RELAYS LIVINGSTON 1988 1990 1992 1994

1988

1st	SPRINGBURN H.	2hrs 17mins 13secs
2nd	EDINBURGH A.C.	2hrs 17mins 50secs
3rd	BELLAHOUSTON H.	2hrs 18mins 24secs
4th	ABERDEEN AAC	2hrs 18mins 46secs
5th	CAMBUSLANG H.	2hrs 19mins 27secs

1990

1st	DUNDEE HAWKHILL H.	2hrs 17mins 40secs
2nd	CAMBUSLANG H.	2hrs 18mins 27secs
3rd	EDINBURGH S. H.	2hrs 19mins 22secs
4th	ANNAN & D. AAC	2hrs 19mins 48secs
5th	ABERDEEN AAC	2hrs 20mins 15secs

1992

1st	RACING CLUB EDIN.	2hrs 12mins 22secs
2nd	CALEDON PARK H.	2hrs 13mins 23secs
3rd	CAMBUSLANG H.	2hrs 14mins 02secs
4th	SHETTLESTON H.	2hrs 16mins 33secs
5th	TEVIOTDALE H.	2hrs 18mins 07secs

1994

1st	DUNDEE HAWKHILL H.	2hrs 14mins 09secs
2nd	LESLIE DEANS RC	2hrs 14mins 45secs
3rd	SHETTLESTON H.	2hrs 15mins 14secs
4th	FALKIRK V.H.	2hrs 20mins 30secs
5th	EDINBURGH AC	2hrs 20mins 48secs

FASTEST LAPS

Note. The laps to-day are Shorter than previous years SHORT 100 metres LONG 150 metres

SHORT LAP (3.2miles)

P. McColgan (DHH)	14.37 1994
I. Campbell (DHH)	14.45 1994
D. Ross (RCE)	15.00 1992
B. Kirkwood (RCE)	15.01 1992
I. Hamer (EAC)	15.03 1988
G. Graham (Clyde)	15.04 1994
S. Wright (HBT)	15.07 1994
G. Mathison (CPH)	15.09 1992
E. Stewart (Cam. H.)	15.09 1992
A. Ramage (Law & D)	15.09 1994
T. Murray (Cam H.)	15.11 1992
A. Robson (RCE)	15.13 1992
D. Storey (DHH)	15.15 1994
A. Donachie (EAC)	15.15 1994
F. McGowan (LDRC)	15.16 1994
A. Donachie (Glas U.)	15.20 1988
T. Gillespie (Spring)	15.20 1992
S. Cohen (RCE)	15.21 1992
R. Fitzimmons (Bella H.)	15.22 1988
H. McKay (Fife AC)	15.23 1988
S. Cohen (LDRC)	15.24 1994

LONG LEAP (6miles)

A. Hutton (CPH)	28.24 1992
J. Robson (RCE)	28.26 1992
C. Robison (IBM S)	28.38 1992
W. Coyle (Shett. H)	28.39 1992
A. Callan (Spring. H)	28.53 1988
G. Croll (Cam. H)	28.55 1992
B. Kirkwood (LDRC)	29.00 1994
C. Hall (DHH)	29.01 1992
S. Ovet (Annan)	29.02 1990
A. Callan (Spring)	29.03 1992
J. Mackay (Shett H)	29.06 1992
A. Puckrin (CPH)	29.12 1992
T. Hanlon (RCE)	29.13 1992
J. Mackay (Shett H)	29.13 1994
C. Hall (DHH)	29.14 1988
G. Grindlay (FVH)	29.14 1992
G. Wight (Shett H)	29.14 1994
P. Dymoke (Liv & D)	29.15 1992
M. Gormley (Cam H.)	29.16 1992
T. Mitchell (Fife AC)	29.17 1992
P. Fleming (RCE)	29.21 1992

NATIONAL SIX STAGE ROAD RELAY

Trophy Montrose Engineers Trophy

Holders: Leslie Deans Racing Club

Aberdeen AAC(Team No 1,2)

F Boyne; M Simpson; J Musgrave; D Duguid; S Thomas; C Smith; R Milne; N Kilner; S Cassells;
F Duguid; D Tivendale; M Greaves; R Sheridan; A Davis; R Durkin; P Jones; R Creswell; S Walker;
T Bracegirdle

AC Eyemouth(Team No 3)

T Smith; A Higson; D Robertson; J Cruikshanks; S James; T Buglass

Ayr Seaforth AAC(Team No 4,5)

P Allan; L Baker; B Boyd; J Caird; R Hill; P Kelly; A Law; D Paul; A Stewart; J Strawthorn;
C White; K Neil; A Auld; R Beattie; A Bonsor; M Fernandez; J Gillies; A Harris; R Hubbard;
O Jones; H Kerr; R Lyle; A Mackie; S MacPherson; S MacSporran; R Page; P Pierotti; B Robinson;
J Stewart; D Ward; B Whittle; G Willis

B Pitreavie AC(Team No 6)

C Watson; K Duncan; P Baxter; A Russell; J Cleary; J Farquhar; J Linaker; D McKenzie;
A Donaldson; N Cunningham

Bellahouston Harriers(Team No 7,8)

G Bell; C Scott; C Joss; M Scott; T Dickie; M McDonald; I Burke; A Quinn; J Thallon; D Branney;
S Branney; S Stone; J McFadyen; J Harkness; B Collie; G Collins; G Dickson; I Ross

Calderglen Harriers(Team No 9,10)

A Derrick; G McParland; G Allan; M Duthie; R Shanks; A Muir; B Stewart; M Buchanan;
C McDonald; C Steven; R Cockburn; J Cairney; A Begg; A Patterson; A Henderson; E Walker;
T Morton

Cambuslang Harriers(Team No 11,12)

R Anderson; M Johnston; C McDougall; B Gough; A Jenkins; F Hurley; S Eaglesham; J Robertson;
J Quinn; D Thom; J Cowan; A Robertson; C Robertson; W McTaggart; G Croll; D Runcieman;
S McVeigh; M O'Hagen; K Downie; P Russell; S Wylie; S Flemming; J Coyle; M McBeth;
A McPherson; J Thomson; S Jennedy; I Reid; M Campbell; G Lyon; D McRae; P Farmer

Clydesdale Harriers(Team No 13,14)

G Graham; J Austin; E Calvert; W Mitchell; D Halpin; I Murphy; B Edridge; J Hanratty; S Daly;
D Gemmel; G Kane; G Kennedy; R Rossborough; P Rudzinski; R McInroy; R Young; J Wright;
D Rothin; J Shields; D McGinley; K Idessane; D Roache; M Diver; L Pearson; P Dolan

City of Glasgow(Team No 15,16)

V Mcpherson; L MacIntyre; A Sym; A MacPhail; S Branney; S Fairweather; J Thomson;
J McDevitt; C McFadden; E Cochrane; C Thompson; C Blair; G Walker; J Cox; P Crawley

Kwik-Fit Corstorphine(Team No 17,18)

M Cameron; F Schobert; G Pilkington; R Aitchison; M Caldwell; J Coull; M Anderson; S Bisset;
D Henderson; K Hood; M Hulme; S Langdon; D Law; M Malcolm-Smith; G McLean; P O'Brien;
G Mallen

Dumfries Running Club(Team No 19,20)

L Hill; M McPherson; B Grieve; C Heaven; W Mason; D Brown; T Davers; D Chadderton; J Laird;
J Grierson; I Brown; M Cole; S Mohan; A Mitchel

Dundee Hawkhill H(Team No 21,22,23)

M Strachan; C Haskett; G Rennet; T Reid; N Raitt; D Hanlon; D Sullivan; E Holmes; B Cook;
H Glynn; G Hanlon; R McIntosh; J McGregor; J Will; A Carr; P Fox; D Adams; P McCormack;
P McColgan; L McColgan; J Osborn; S Borland; M Tosh; Y Reilly

East Kilbride AC(Team No 24)

C Clement; G Colvin; D Condra; A McLellan; R Ronald; G Reid

Edinburgh AC(Team No 25,26,27,28)

I Johnston; R Hope; R Thomson; M Ferguson; C Smith; M Fallows; R Riddell; A Donnachie;
A Ward; A McEwan; R Nolan; A Shanley; D Scott; A Gillies; P Hutton; A Laird; G Turton;
E Stevenson; J Graham; J Buick; M Glass; A Ford; H McInnes; M Munro

Edinburgh Southern Harriers(Team No 29,30,31,32)

B Begley; D Blackie; C Cable; M Cooper; G Cuthbert; W Douglas; M Flynn; W Gallacher;
D Garner; A Griffiths; B Howie; S Innes; N McDonald; A Pettretti; G Mathison; J Proffitt;
M Robertson; M Robertson; M Snedon; G Steel; J Steel; J Turner; N Thin; N Tennant

FMC Carnegie Harriers(Team No 33,34,35,36,37)

I Taylor; B MacDonald; R Milton; I MacDonald; P Morrison; S Ogg; C Nikolaidis; J Robb;
D Armour; I Stewart; P Simpson; A Milligan; S Reid; D Forrest; C Law; T Thomson; M Turner;
S Nicholson; J McArthur; J Gray; D Hanson; K Daniels; M McHale; S Gibb; B Duff; M Leyden;
J Milton; J Douglas; T Lawlor; J Kelly; A Grieve; L Lawson; R McKenzie; A Nicol; B Millar;
R Lippitt; G Davidson; C Lisle; S Legge; L Kuz; S Welsh; P Walker; D Grieve

Falkirk Victoria Harriers(Team No 38,39,40)

K Stirrat; I Johnston; M McQuaid; R McCallum; J Lambie; K Rankin; J Stevenson; G Crawford;
D Mary; W Higgins; L Dewar; J Martin; D Gillespie; D Lothian; D McKenzie; W Day; A Rodger;
T Stempczyk; D McMillan; S Norval; A Ronald; R Smith; G McMaster

Ferranti AC(Team No 41,42)

T Ridley; A Bell; R Watters; I Shaw; J Shaw; E McDonald; K Weston; J Gavin; A Jackson;
B Thomson

Fife AC(Team No 43,44)

T Mitchell; H McKay; C Ross; S Moss; J Cunningham; D Leggett; P Robertson; J Robertson;
B Cruickshank; D Gunstone; G Bennison; D McGregor; I Wallace; S Quinn; J Lumsden; A Davies;
D Francis; R Morrison; M Laing; A Cassidy

Giffnock North AAC(Team No 45,46)

A McLachlan; I Airdrie; C Rankin; I Millar; C Thomson; M Campbell; W Glasgow; A Watson;
B Nolan; B Campbell; A Stewart; F McCann; A Wyllie; J Cameron; A Carroll

Greenock Glenpark Harriers(Team No 47,48,49,50,51)

R Shaw; D McLaughlin; G Russell; A Puckrin; S McLoone; R McDonald; G Mitchell; R Hodelet;
D Guy; W Jukes; C Hendry; J McFadyen; J Bennett; N Armstrong; P Duffy; T McCallion; E Currie;
R Dolan; D McNeill; P Russell; W McLaughlin; A Curran; B Dunn; R Watson; E O'Brien; A Hay;
S Curran

Hunters Bog Trotters(Team No 52,53)

S Axon; S Baxter; B Blair; N Blissett; R Brown; A Buckley; A Buckley; S Clive; R Elliot;
C Farquharson; S Gibson; T Gillespie; K Gooch; W Grant; D Greenlee; J Hampshire; I Harkness;
R Herries; B Hughes; C Hunter; J Jarvis; P Keightley; A Keith; J Keogh; H Lorimer; G Macready;
I Marshall; J McKay; C McQuaig; G Mitchell; P Mowbray; P O'Kane; C Ollerhead; R Rodgers;
E Scott; P Shaw; M Thompson; J Thynne; A Wadsworth; D Wall; D Wright; S Wright

IBM Spango Valley(Team No 54,55)

T Tipping; B Broadley; G Clark; S Hodge; C Cromar; I MacDonald; D McCabe; E McKee;
C Robison; C Spence; T Tracey; D McElhiney; G McNamee; C Black; J Lewis; T Murray; E Smyth;
P Grant; E Watt; S Dalgleish; A McKee

Keith & District AAC(Team No 56)

R Arbuckle; F Barton; S Pride; W Johnstone; H Wright; S Gill; D Gillies; A Newlands

JW Kilmarnock(Team No 57,58)

E Tonner; J Tonner; J Goldie; S Dickson; D Campbell; D Mitchell; F Evans; S Murray; M Ferguson;
B McPhail; B McGlynn; R Dalzie; A Murray

Kilbarchan AAC(Team No 59,60)

T Anderson; P Bennie; R Barr; B Byrne; J Carruth; J Davidson; G Fairley; R Fitzsimmons;
B Geddes; G Gibson; T Hearle; A Johnstone; A McAngus; R McCulloch; I MacDougall;
M McGinley; R McKenna; J McMillan; D Mense; R Millar; D Petrie; R Price; R Quinn; A Ross;
J Snodgrass; G Tenney; P Walder; A Daly

Kinross Road Runners(Team No 61)

E Bell-Scott; T Quigley; D Anderson; G Cowan; W Hargreaves; G Hartley; M Hughes; R Shah

Kirkintilloch Olympians(Team No 62)

R Brown; C Burns; T Breslin; W Cecil; C Watson; L Brown; M Devlin; I Campbell; C McInnes;
K McNeil; G McLean; A Stewart; L Sutherland; A Brown

Lasswade AC(Team No 63)

J Murray; S Murray; D Campbell; M Hamlin; R Wallace; J Martin; R Kettles; R Frew; A Neil;
A Hubble; N Beaumont; A McIntosh

Leslie Deans RC(Team No 64,65,66)

G Booth; I Brown; K Chapman; S Cairns; K Lyall; R Mooney; S Cohen; M Coyne; M Coyne;
P Fleming; D Gardiner; J Graham; T Hanlon; A Hutton; S Kerr; B Kirkwood; F McGowan;
A Robson; J Robson; D Ross; J Ross; K Smith; G Stewart; I Veitch

Livingston & District(Team No 67,68,69,70,71,72)

G Ackland; A Agnew; S Balfour; A Barrie; D Beagley; T Brand; B Campbell; S Campbell;
M Colligan; S Conway; J Cunnane; S Dempsey; C Dicker; P Dymoke; C Eades; S Easton;
R Galloway; G Gilhooley; M Henck; M Hyman; P Hyman; S Hyslop; A Kitchin; M Leadbetter;
R Lee; I Leggett; M Lieberman; I Lindsay; A Mackenzie; P Markham; I McAdam; D McGregor;
I McLean; W McPhail; G McPherson; N Melville; C Meek; I Murray; C Northam; K Redpath;
G Riemersma; A Robertson; D Santry; I Seggie; D Shaw; J Sherban; D Simmons; N Torsney;
C Walton; P West; L Whyte; J Coon; V Blair; V Dempsey; J Henders; J Warner

Law & District(Team No 73)

R Cook; P Kelly; J Reid; J Frood; J Muir; I McFarlane; A Ramage; A Russell; D Muir

Maryhill Harriers(Team No 74,75)

D Shearon; L McCue; K Stephenson; S Walker; J Micoud; E Duncan; P Kearney; M Gallacher;
M McCartney; J McCartney; J Hazlett; J Biggam; J Findlay; J Houston; R Mardle; N Singh

Metro Aberdeen RC(Team No 76)

F Clyne; K Farquhar; P Graham; M Johnson; G Main; N Milovsorov; B Taylor; K Varney;
I Williamson; S Willox

Penicuik Harriers(Team No 77,78)

S Baird; M Browne; D Buchan; D Cairns; C Graham; J Jansen; C Patterson; P Sharrat; D Smith;
R Walker; F Yule; D Young; J Mumford; A Robertson; C McCall

Shettleston Harriers(Team No 79,80,81)

A Callan; C Bradshaw; D Buchanan; J Cairney; D Cameron; W Coyle; T Coyne; D Crowe;
J Donnelly; M Dougan; J Evans; D Gilmour; J Hendry; G Kirk; A Little; R Longbrow; J McKay;
D McGonagle; K McClean; N McGregor; G McKie; P McMahon; J McMillan; B McMonagee;
J Morrison; J Norton; B Scally; S Whitehill; G Wight; D Williams; H Watson

Shettleston Harriers Ladies(Team No 82)

E Reid; E McBrinn; S Carter; B O'Neil; M Hastings; A Hughes; M Daly; L McClung; E Scott

Springburn Harriers(Team No 83,84)

A Callan; J Bell; J Hendry; P Laing; E McNair; A Chalmers; A McFarlane; J Cooper; A McIndoe;
T Fontana; J Harper; G Crawford; L Crawford

Standard Life AC(Team No 85)

J Ewing; A Scott; C Durn; F Houston; P Shaw; A Wadsworth; B Smith

Victoria Park AAC(Team No 86,87)

A Douglas; S Barnett; C Steele; M Smith; J Doyle; P McGregor; S Green; K Brown; A Nicol;
R Wood; A Cairney; K McVey; A Young; C Little; C Greenhalgh; G Greenhalgh; T McAra;
S Gilmour